

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Monthly Message



Rev Cherie Larkin

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Special points of interest:

- Special Membership Meeting
- Frontiers of Consciousness

Live the Life of Your Highest Imaginings!

Rev. Cherie Larkin

“What would you do if you found a switch that could turn on your brain and enable you to be happier, healthier in your mind and body, more prosperous, and more intelligent? Dr. Leaf asks this intriguing question in her marvelous book **SWITCH ON YOUR BRAIN ~ The Key to Peak Happiness, Thinking and Health**. She shares, “We all want to be happier and healthier, but we often do not know how to go about bettering our lives.”

The book of Romans 12:2 advises, “Do not be conformed to this world, but be transformed by the renewal of your mind that you may discern what is the will of God, what is good and acceptable and perfect.”

You have a wonderful opportunity to join our 8-session group-study featuring Dr. Leaf’s work. Each of the five key concepts presented in **Switch on Your Brain** includes a scientific concept of change linked with a scripture passage so you can merge science and spirituality to transform your life at depth.

The course concludes with a 21-Day brain detox program giving you steps to program and build new neural networks of positive belief so that you permanently leave the negative toxic thoughts behind and step into the life of your highest imaginings.

Join us for this life-transforming experience and make 2025 the best year of your life! Register; www.unityofauburn.com

Sunday Messages

Jan 5 Live the Life of Your Highest Imaginings

Learn how to deepen your intellect, get the chaos in your mind under control, wire out toxic habits and wire in positive habits of happiness and peace of mind.

Jan 12 Put Off Your Old Self

Increase your awareness of what you are allowing into your mind. Put off your old self, which belongs to your former way of life and be renewed in the spirit of your mind, created after the likeness of God.

Jan 19 Set Your Mind on Things Above

Let the peace - soul harmony which come from Christ- rule (act as umpire continually) in your heart. Choice is real, and you are able to stand outside of yourself, observe your own thinking, consult with God and change your thinking.

Jan 26 Do Your Creative Best

The 5-step switch on your brain learning process is a brain sequence that becomes a lifestyle of renewing your mind by rewiring your nerve networks. It offers a heart focused, organized, and disciplined, deep intellectual thinking to break down toxic thoughts and build up healthy thoughts. When applied daily, it creates real change and freedom and brings you closer to God.

Sunday Service, Classes & Misc.

Sunday Service

Sunday Service In Person is at 10:00 AM and Via YouTube Live Stream at 10:15 AM. Live stream link on our YouTube page <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm>

Sisters

**Sisters is meeting every Wednesday from 3-5 pm
in Manning Hall.**

All are welcome!



With Rev. Rick Reich
Wednesdays 5:30-6:30 pm at Unity
Jan ~ Lost Christianity
Feb ~ The Gnostic Gospels

Special
meeting

Special Membership Meeting
Sunday, January 26, 2025

Frontiers of Consciousness is Coming Back!
Starting Saturday, January 25th From 3-4 pm!

Unity of Auburn January 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Office Closed New Year's Day	2	3	4
5 10:00 am Celebration Service	6 Office Open	7 Office Open	8 Office Open 3:00 pm Sisters 5:30 pm Spiritwind	9	10	11
12 10:00 am Celebration Service	13 Office Open	14 Office Open	15 Office Open 3:00 pm Sisters 5:30 pm Spiritwind	16	17	18
19 10:00 am Celebration Service	20 Office Closed	21 Office Open	22 Office Open 3:00 pm Sisters 5:30 pm Spiritwind	23	24	25 3-4 Frontiers of Consciousness
26 10:00 am Celebration Service Special Membership Meeting After Service	27 Office Open	28 Office Open	29 Office Open 3:00 pm Sisters 5:30 pm Spiritwind	30	31	

Misc.



Dear Jerry and all our maintenance support people,

I just wanted to take a moment to express my heartfelt appreciation for all the hard work you do to keep our building running smoothly. Your dedication and attention to detail do not go unnoticed. From fixing leaks, adding brighter LED lights, to ensuring that everything is in working order, you make the environment of our ministry safe and comfortable.

Thank you for your prompt responses and for always being there when we need assistance. Your efforts truly make a difference, and we are grateful to have such reliable help.

Warm regards,

Rev. Cherie Larkin and the Board of Trustees

Board of Directors



Board of Trustees

- Michael Lawson.....President
- Donal Smith.....Vice President
- Kathleen DeMontigny.....Treasurer
- Sally Smock.....Secretary
- Denise Anya.....Member

Staff

Unity of Auburn Staff

- Rev Cherie Larkin.....Minister
- Carrie Deterding.....Office Manager

Our Financial Picture

November 2024 Profit and Loss

Income	
Love Offerings	\$ 7,058.00
Tenant Rent	\$ 1,192.00
Facility Rent	\$ 1,281.00
Adult Ed	\$ 119.00
Refreshments	\$ 26.00
Fund Raising	\$ -
Thrift Store (Net)	\$ 5,543.82
Total Income	\$ 15,219.82
Expenses	
Building	\$ 3,361.05
Misc	\$ -
Ministry/Mission	\$ 697.59
Mortgage	\$ 2,366.67
Payroll & Payroll Taxes	\$ 7,589.19
SBA Loan	\$ 347.00
Thrift Store Expenses	\$ 113.39
Office Administration	\$ 395.57
Technology & Software	\$ 319.00
Total Expenses	\$ 15,189.46
Net Adjusted Income	\$ 30.36

Excludes a one-time special donation of \$18,000+ made in February

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Board of Directors



Denise Anya

When asked to write for UoA's January newsletter and submit by December 30th, I thought, "oh no!" Why these thoughts? At that time, my heart was full of grief; and my mind was distressed. I sat down to write and got lethargic and frustrated. I asked myself, "Why didn't I just say, no, I can't right now? That would have been the truth! I have too much on my plate and I'm unable to say anything positive or inspirational." I felt guilty, but lackluster feelings persisted. I resisted, struggled, and finally asked God, "where was all of the great stuff (in me) people like to read about?" **ATTITUDE**

First, I decided to praise and give thanks to Mother-Father-Everything-God for my very existence. Grateful that I am physically able to see, hear, smell, talk, walk, sing, and be mentally-spiritually sound. Grateful I have a roof over my head with utilities that deliver light and water, and keep me warm or cool. **GRATITUDE**

I buy food; cook and eat it anytime I desire. I buy clothing, shoes, gas and travel in a dependable car. I am always supplied with the money I require to purchase whatever it is I require, whenever, I require it! **ABUNDANT/RICH**

Unity of Auburn is my church home and where I receive my spiritual sustenance. It is extremely beneficial to my well-being and my continuous spiritual growth. It is also where my spiritual family gathers for their growth. **CHURCH**

UoA family supported me through grief and is still lovingly supporting me, for which I am grateful and honored. Our minister, Rev. Cherie Larkin, prepares messages that teach, encourage, support, challenge and uplift us in profound ways, along with classes that help guide us to living our best lives today. Our programs support and enrich us in creative and valuable ways. UoA has given me many opportunities to serve in various capacities. And, I am happy to share my time doing whatever I can as service to my church. **SUPPORT**

I donate time to help provide music at UoA. As I freely give of my talents, I've been blessed with other Unity churches to serve musically, and am compensated. In order for our church to continue bringing forth the services and programs we enjoy, we are called upon to give financially. I used to think a donation was okay, but after learning and listening to how money supports absolutely every aspect of what we do at UoA, I gained a better understanding that my giving a donation here and there is not enough. I've come to realize how supporting the church financially truly depends on my 'regular' financial gifts and "*cheerfully giving back a portion of what God has given to me!*" A cheerful tithe, or a tenth is a good starting place! **GIVING**

By freely giving "*my regular gifts of money*" to the church, I see how abundance is a direct result of my giving. Money or the equivalent of money comes to me freely, frequently and quickly...and in ways I never imagined! If not money, then by numerous opportunities, treats to meals and/or events, free gasoline, unexpected gifts, sold-out audiences, etc. I know for a fact I had not experienced any of these things until I changed my thoughts, energy and ideas about giving. **RECIPROCITY**

Conclusion: I adjusted my attitude; stepped up my gratitude; recognized my abundant and rich life. As I support my Church, it supports me. Our minister teaches us how to give; and freely giving opens the door wide to reciprocity. "*We just can't beat God giving!*"

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 816-969-2000

Service Live on YouTube:

- <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm/streams>

Lessons and Soloists

January 2025 Talk Titles

January 5, 2025

Talk: Live the Life of Your Highest Imaginings
Music: Worship Team Singers

January 12, 2025

Talk: Put Off Your Old Self
Music: Worship Team Singers

January 19, 2025

Talk: Set Your Mind on Things Above
Music: Worship Team Singers

January 26, 2025

Talk: Do Your Creative Best
Music: Worship Team Singers



*The first month of the year,
A perfect time to start all over again,
Changing energies and deserting old
moods,
New beginnings, new attitudes”
— Charmaine J Forde*



Unity of Auburn

1212 High Street

Donations: Now taking donations.

*Monday, Tuesday, Wednesday, Thursday, Friday & Saturday
from 10:00 a.m.-3:00 p.m. & Sunday from 11:30 a.m.-1:00 p.m.*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift